

Final General Meeting Minutes Tuesday, March 9, 2021

Handouts

- Meeting Agenda
- Draft PTO General Meeting Minutes, January 12, 2020 (for approval)

Agenda

- 1. Welcome!
- 2. Update from Mylo Allen, Principal
- 3. Board Updates
 - Welcome and Board Introductions
 - o Volunteer Opportunities for 2021-2022 School Year:
 - Upcoming Events & General Meetings
 - o Approve Meeting Minutes from January General Meeting
- 4. Guest Speaker: Laura Burke, District Mental Health Coordinator, "Helping Kids Cope with Unknowns and Changes"
- 5. Open Forum

14 participants

Welcome

The meeting is called to order by Amy at 6:33 pm with a welcome. Board introduced themselves.

Mylo Update

In the last week K-5 students have returned to school. It was a smooth transition and it is great to have students back, especially 5th graders for their last year.

There has been substantial progress on construction of the new school -- they are working on the bus loop, and brick and siding is starting to go up on some parts of the school. Mylo is planning with staff to get everyone moved out of the building right after the end of the school year so they can demolish the existing school. Students will get a construction update every other week.

There was a question about whether 4th and 5th grades will come back to full time this year. There have been no official conversations to do that in Bellingham, but it is still possible Next year, our current plan is probably the most restrictive that school would start with, and could be even closer to "normal".

The new gym will not be ready by the Fall. The existing gym will be used for the first few months and then will turn into a multi-purpose space. ASE is definitely a possibility for the Fall.

Board Updates

Volunteer Opportunities

- We have candidates for all Board seats except Co-President. Deadline to submit nominations is
 Friday, April 30th. Election is held at the May General Meeting.
- We have many open coordinator positions. Visit our <u>Volunteer</u> page for more details or email us
 if you are interested.
- JOG-A-THON Committees
- Event Planning
- Sponsorships
- After School Enrichment Co-Coordinator
- SCRIP Coordinator
- Winter Carnival Committee

Upcoming Events:

- **BINGO** (THIS Thursday, March 11th from 6:30-7:30 via ZOOM)
- **JUXT Dine and Support Night**. Get food and/or drinks from <u>JUXT</u> THIS Thursday and 20% will be donated back to the PTO! Order early to avoid wait times.
- Teacher Appreciation Week (May 3rd May 7th)
- Children's Art Walk (Starts May 7th)

General Meetings:

- No meeting in April due to Spring Break.
- Next meeting is **Tuesday, May 11th**. Board Elections + Mr. C is our Guest Speaker.

Approve Minutes

Minutes were approved from our January General Meeting.

Guest Speaker

Laura Burke, District Mental Health Specialist, "Helping Kids Cope with Unknowns and Changes." Ms. Burke discussed how to approach difficult conversations with children using the following framework:

- Regulate Self
- 2. Help you child regulate
- 3. Offer the subject in a developmentally appropriate way.
- 4. Validate and acknowledge thoughts and feelings. Almost exactly what they say, keep it simple.
- 5. Ask questions to find exceptions to cognitive distortions.
- 6. Provide developmentally appropriate information